

### **Hello Junior Church!**

This week are thinking about hands: God's **Hands** that made you and the **hands** that you use to do good things that God has set up for you to

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do." Ephesians 2:10

We have all learned that the corona virus is contagious. But guess what, Kindness is contagious too. God has planned things for us to do. One of these things is to be kind. So he gave us hands so we can do kind things. SPREAD A LITTLE KINDNESS THIS WEEK



# HAND HYGIENE **EXPERIMENT**



can

be

kind

#### You Need:

- 3 slices of bread (from bakery or homemade is best- fewer preservatives)
- 3 re-sealable sandwich bags
- 1 pair of hands

#### What to do:

- Label each bag
  - 1. Control
  - 2. Dirty
  - 3. Clean

Ctrl & click here for cute drawing tricks with just your hands

https://www.youtube.com/watch?v=

- Place one slice of bread in the "control" bag without touching it. You can use clean tongs, or turn the re-sealable bag inside out and use it like a glove to get the slice inside. Seal the bag.
- Press your unwashed hand onto the 2<sup>nd</sup> slice of bread and press down. Place the bread in the 'dirty' bag and seal it.
- Wash your hands well and press your hand on the 3<sup>rd</sup> slice of bread. Place the bread in the 'clean' bag.
- Put all three sealed bags in a cool, dry place.
- Look at the bread daily and write down your observations, but do not take the bread out of the bags. In a few days, mould should start to appear. What slice of bread gets mouldy first? Which grows the most mould? Which grows the least? If mould starts to appear, take a ruler, measure it, and record your observations. You can even draw a picture of the bread each day, or keep a photo diary by taking pictures of the bread each day to watch the changes over time.
- Let Olive know your conclusions. (please)

even from þ



distance

Washing your hands is a kind thing to do because it stops the germs from your hands making other people sick



## Remember the Good Samaritan He spread kindness

